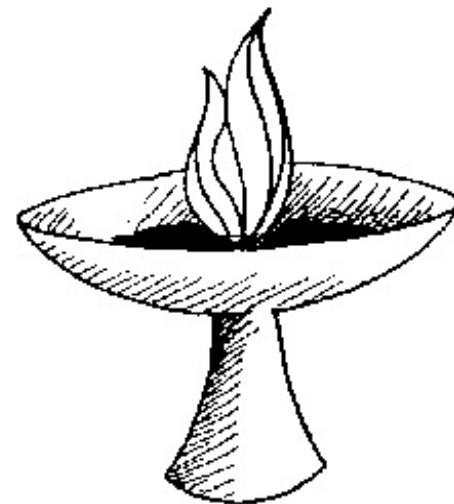


Sunday Services

- Nov 17 **Book Club - 7:00 p.m.**
At the home of
Joan Rothman, 541 Scott St.,
St. Catharines (905-935-9267)
Choir
- Nov 20 **UCN Night at the Movies 7:00 p.m.**
“A War Story” (*Hosted and suggested by*
Al & Hilde Wheeler)
- Nov 22 **Secular Humanism - John Berry**
Choir
- Nov 22 **Newsletter Deadline**
- Nov 29 **Nigeria - Vince Del Buono**
Choir
- Dec 5 **Canvas or Pledge Dinner**
- Dec 6 **Climate Change: Real Numbers and**
Great Changes. What Should We do?
- Phil Curtis S.L. Sandra Watson
- Dec 13 **A Post-Theistic Conception of God**
- George Nathan S.L. John Storm
- Jan 22 **Out of the Cold**
Hilde Wheeler: 905-685-4936

Unitarian Congregation of Niagara



“Tai Chi Chuan: Meditation in Motion”

Josie Fitze

November 15, 2009

223 Church St., St. Catharines, Ontario
www.unitarian-stcatharines.org 905-687-8433

Lay Chaplains: **905-687-8433**

ucnlaychaplains@gmail.com

Ed Gilbert Valerie Jaeger Julianne Momirov

Order of Service
Sunday, November 15, 2009

Speaker: *Josie Fitze*
Service Leader: *John Mayer*

Prelude:

Welcome & Announcements:

Opening Words:

Chalice Lighting:

Opening Hymn: **#352** "Find a Stillness"

Joys and Concerns:

Responsive Reading: **#505** "Let Us Be at Peace with
Our Bodies and Our Minds"

Story for All Ages:

Offertory:

Choir: **#395** "Sing and Rejoice"

Address: *"Tai Chi Chuan: Meditation in Motion"*
– *Josie Fitze*

Closing Hymn: **#311** "Let It Be A Dance"

Closing Words:

Postlude: Please remain seated for the postlude.