### Dates to Remember...

#### March 2017

- Mar. 19 April Newsletter Submission Deadline
  - riseingcarol@gmail.com
- Mar. 20 (Mon.) UCN Book Club 7:30 p.m., at the home of Joan Rothman (Please let Joan know if you're coming.) The book is *Kingfisher Days*, by Susan Coyne.
- Mar. 24 (Fri.) Pub Night 6:30 8:30 p.m. Cat's Caboose billiards room. Topic: "Challenges to our first priciple"
- Mar. 26 Star Gazing Petra Bucek
- Mar. 31 (Fri.) Out of the Cold (OOTC) Dinner Knox Presbyterian Church, 53 Church St., volunteers please arrive at 5:00 p.m.; dinner at 6:00 p.m.

# April 2017

- Apr. 2 Secular Humanism Peter Skelton
- Apr. 9 Lessons I've Learned from Volunteering (so far)... Marty Mako
- Apr. 16 Rev. Jennifer Brooks, UU Fairfax Easter Sermon, April 5, 2015 (YouTube presentation)
- Apr. 23 Saving Thundering Waters Ed Smith
- Apr. 23 May Newsletter Submission Deadline
  - $-\,riseing carol@gmail.com$
- **Apr. 30** Women at the Heart of Change Frank Fohr and Celine de Grosbois (Development and Peace)

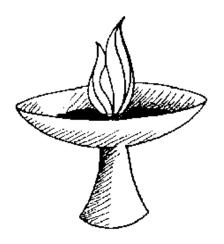
### May 2017

- May 7 Your Body Language Shapes Who You Are (TED talk)—Amy Cuddy
- May 14 My Experience of White Male Privilege: Unearned Benefits – David Jordan

#### FRAGRANCE-FREE POLICY

The Unitarian Congregation of Niagara is a fragrance-free zone. Fragrance may be distressful and threaten the well-being of those around you. In order to make this a safe and welcoming environment for everyone who comes here, we ask that you refrain from wearing fragrances. Your understanding and co-operation is appreciated.

# Unitarian Congregation of Niagara



"Lineage of Seeds and Community"

Jane Rabinowicz, Executive Director, USCMarch 19, 2017

223 Church St., St. Catharines, Ontario www.unitarian-stcatharines.org 905-687-8433

<u>Lay Chaplains</u>:

905-687-8433

 $\underline{laychaplainsucn@gmail.com}$ 

Karen Stovell

Doreen M. Peever

# Order of Service Sunday, March 19, 2017

Service Leader: Karen Stovell
Speaker: Jane Rabinowicz
Musician: Theresa Pothier

Prelude Piano selection – Theresa Pothier

#### **Announcements**

#### Welcome:

Welcome to all visitors, those with familiar faces and the not so familiar faces that may be new or returning to our gathering. All of our visitors add to and brighten this assembly.

#### **Opening Words:**

Mother Earth Prayer:

Mother Earth hear your child,

As I sit here on your lap of grass,

I listen to the echoes of your voice In my brother, the Wind,

As he blows from all corners and directions.

The soft and gentle raindrops are the

Tears you cry for your children

Teach me the Lessons you offer:

To nurture my children, as you nurture yours,

To learn the Lessons of the Four Kingdoms, that

make up this World of Physical Things,

and To Learn to Walk the Path chosen so long ago.

Mother Earth, hear your child,

Be a bond between the Worlds of Earth and Spirit.

Let the Winds echo the Knowledge of the Grandfathers.

Who await, unseen, yet visible if I only turn my eyes to their World.

Let me hear their Voices, in the Winds that Blow to the East.

From the East: I seek the Lessons of

#### Childhood:

To see with the trusting innocence of a small one,

The Lessons of Spirit, Given in Love by our Creator.

From the South: to Learn the Ways of Questioning:

The Fire and Independence of adolescence,

The Truths, and how they help us Grow along this Path.

From the West: where the Grandfathers

teach us Acceptance of Responsibility

That come during the years of Marriage and Family.

That my own children grow Strong, and True.

From the North: where the Elders, who by their long lives

Have learned and stored Wisdom and Knowledge.

And Learned to Walk in Balance and

Harmony with our Mother, the Earth.

Mother Earth, hear your child.

Hold my hand as I Walk my Path in this World.

Guide me to the Lessons I seek, bring me closer to Our Creator,

Until I return to the Western Direction,

to once again Enter the World of Spirit,

Where the Sacred Fire Awaits,

and I rejoin the Council of the Elders,

In the Presence of the One

Who-Created-All.

By: Medicine Wolf (The Lost Voices.)

# **Chalice Lighting:**

As the earth provides sustenance for its creatures

As the fellowship provides a refuge for its members

So the chalice denotes the faith that is our sustenance and refuge

As the fire has drawn the ancients to their gods

As the flame soars towards the heavens

So the spirit of our congregation lights the chalice of our community together.

<u>Joys and Concerns</u>: This is the moment that we share our joys and concerns with each other to brighten the day or to lighten the load of sorrows for each other. Come forward to the microphone if you wish to share or just come forward and drop a stone in the water or light a candle to privately acknowledge your joy and concern.

Hymn: #69 Give Thanks

Offertory: If you are a new visitor to our gathering, please be our guest and let the plate pass you by. This congregation operates on the monies donated by our members and friends, please give with your hearts.

**Guest Speaker:** Jane Rabinowicz, Executive Director of USC Canada

### Biography:

Jane Rabinowicz brings to the leadership position twenty years of commitment to the Canadian food sovereignty movement. Before joining USC Canada, Jane was Director of Development at Equiterre, one of Quebec's best-known environmental organizations. From 2005-2010, she served as Executive Director of Santropol Roulant, a highly innovative meal on wheels program in Montreal that celebrates intergenerationalism and youth leadership for sustainable food systems. She is co-founder of the Silver Dollar Foundation, and sits on the Board of Directors of Centraide du Grand Montréal. She previously volunteered her time on the Boards of Directors of Food Secure Canada, Girls Action Foundation, and the Centre for Community Organizations. Jane joined the USC Canada team in 2011 to collaborate with farmers and partners to bring our innovative Seeds of Survival home to Canada.

Topic: Lineage of Seeds and Community

Hymn: #174 "O Earth, You Are Surpassing Fair"

Closing Words: by Gary Kowalski

Go in peace, speak the truth, give thanks each day.

Respect the earth and her creatures, for they are alive like you.

Care for your body; it is a wondrous gift.

Live simply. Be of service.

Be guided by your faith and not your fear.

Go lightly on your path. Walk in a sacred manner.

Postlude: (Please remain seated.)

If you are able, please stack your own chair before getting coffee.

Please join us for conversation and lunch after the service. This is a good opportunity to chat with our Jane, Guest Speaker.

Have a Great Week!