Dates to Remember...

May 2017

- May 7 Special Coffee Day -After service
- May 11 (Thurs.) UCN Board Meeting 1:30 p.m. All members welcome
- May 13 CUC Annual General Meeting
- May 14 My Experience of White Male Privilege:
 Unearned Benefits David Jordan
- May 15 (Mon.) UCN Book Club 7:30 p.m., at the home of Roy and Penny Blake. The book is a collection of stories by Ted Chiang.
- May 19 (Fri.) UCN Film Night 7:30 The Journals of Knud Rasmussen
- May 21 A Guerilla Gardener in South Central LA

 Karen Stovell
- May 21 June Newsletter Submission Deadline
 riseingcarol@gmail.com
- May 26 (Fri.) UCN Pub Night Cat's Caboose billiards room 6:30 8:30; Topic: Challenges to our third principle, "Acceptance of one another and encouragement to spiritual growth in our congregations"
- May 28 Chocolate Communion Julianne Momirov

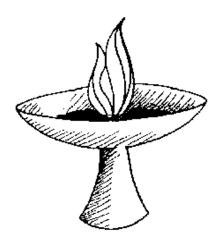
June 2017

June 4 Picnic at Queenston

FRAGRANCE-FREE POLICY

The Unitarian Congregation of Niagara is a fragrance-free zone. Fragrance may be distressful and threaten the well-being of those around you. In order to make this a safe and welcoming environment for everyone who comes here, we ask that you refrain from wearing fragrances. Your understanding and co-operation is appreciated.

Unitarian Congregation of Niagara



Your Body Language Shapes Who You Are (TED talk)

Amy Cuddy

May 7, 2017

223 Church St., St. Catharines, Ontario www.unitarian-stcatharines.org 905-687-8433

<u>Lay Chaplains</u>:

905-687-8433

laychaplainsucn@gmail.com

Karen Stovell

Doreen M. Peever

Order of Service Sunday, May 7, 2017

Speaker:

Amy Cuddy

Service Leader:

Petra Buček

Musician:

Theresa Pothier

<u>Prelude</u>

Piano selection – Theresa Pothier

Welcome

Opening Words:

"There is strength in unity, for people working together can do many things that people alone can't do." – Wanda E. Brunstetter from Inspiring Thoughts from the Simple Life

Chalice Lighting: #451

Flame of fire, spark of the universe that warmed our ancestral hearth — agent of life and death, symbol of truth and freedom.

We strive to understand ourselves and our earthly home.

- Leslie Pohl-Kosbau

Hymn: #22 Dear Weaver of our Lives' Design

Joys and Concerns:

You are invited to share your

joys and/or concerns

Offertory

Address:

(TED talk) by Amy Cuddy

Your Body Language Shapes

Who You Are

Discussion and Comments

Hymn:

313 O What a Piece of Work Are We

Closing Words:

#614 The Sacred Hoop

Extinguishing the Chalice:

#692

Announcements

<u>Postlude</u>

(Please remain seated.)

If you are able, please stack your own chair before getting coffee.